

Amanuel Haile Asfaw

Department of Psychological Science and Counseling

Austin Peay State University

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EDUCATION

Ph.D., Counselor Education and Supervision **May, 2015**

Minor in Qualitative Research

Department of Professional Studies

University of Wyoming, Laramie, Wyoming (CACREP Accredited)

Specialty: Addictions Recovery

Dissertation: The Lived Experience of People in Long-term Recovery from Alcohol Use Disorder: A Qualitative Study of Six People in Long-term Recovery in Ethiopia.

Defense Date: April 02, 2015

M.A., Counseling Psychology **July, 2006**

Department of Educational Psychology

Addis Ababa University, Addis Ababa, Ethiopia.

Thesis: Accident Related Psychosocial Problems on Children at Some Selected Hospitals in Addis Ababa, Ethiopia.

B.A., Educational Psychology **July, 2004**

Department of Educational Psychology

Addis Ababa University, Addis Ababa, Ethiopia.

PROFESSIONAL AFFILIATIONS

American Counseling Association (ACA)

ACA International Counseling Interest Network

SACES International Counseling Interest Network

International Association of Addictions and Offender Counselors(IAAOC)

Association for Counselor Education and Supervision (ACES)

Southern Association for Counselor Education and Supervision (SACES)

Association for Play Therapy (APT)

Ethiopian Psychologists' Association (EPA)

AWARDS AND HONORS

Spring 2015	International Student Scholarship, University of Wyoming
Spring 2015	Arden White Student Excellence Scholarship, University of Wyoming
Fall 2014	Rocky Mountain Association for Counselor Education and Supervision (RMACES) Volunteer Scholarship Award
Fall 2014	International Student Scholarship, University of Wyoming
Fall 2014	Arden White Student Excellence Scholarship
Fall 2014	College of Education Travel Award, University of Wyoming
Summer 2014	Summer PhD Augmentation, University of Wyoming
Spring 2014	Phi Kappa Phi National Honor Society, University of Wyoming
Spring 2014	Golden Key International Honor Society, University of Wyoming
Spring 2014	International Student Scholarship, University of Wyoming
Spring 2014	Arden White Student Excellence Scholarship
Fall 2013	Arden White Student Excellence Scholarship
Fall 2013	International Student Scholarship, University of Wyoming
Fall 2013	RMACES Graduate Student Scholarship, University of Wyoming
Fall 2013	Professional Studies Travel Award, University of Wyoming
Fall 2013	Academic Affairs Conference Presentation Award
Summer 2013	James Orr Willits Ethics Award, University of Wyoming
Fall 2012	College of Education Travel Award, University of Wyoming

PUBLICATIONS

REFEREED ARTICLES PUBLISHED

- Asfaw**, A. H., Vance, K., Meggitt, D., Kyounggho Lee, Sasse, G., **Warren**, J., & Weatherford, J. (2017). The impact of addictions education on attitudes in students. In P. S Lassiter & T. J. Buser (Eds.), *Annual Review of Addictions & Offender Counseling III: Best Practices* (pp. 163-186). Eugene, OR: Wipf and Stock.
- Asfaw**, A. H., Warren, J., Morris-Howe, L. B., McKim, C., **Meggitt, D.**, Mullins, P., Rossetter, N., & Zakaria, N. S. (2017). Use of Wordle in counseling ethics education (Article44). *In Ideas and research you can use: VISTAS 2017*. Retrieved from https://www.counseling.org/docs/default-source/vistas/article_4484ce2bf16116603abcacff0000bee5e7.pdf?sfvrsn=4
- Warren, J., Trujillo, N, **Asfaw**, A. H., McKim, C., Stoffers, L. & Famion, K. (2017). Using the mirror story to understand self. *Journal of Creativity in Mental Health*, 12, 62-81. doi:10.1080/15401383.2016.1211497
- McKim, C., Warren, J., **Asfaw** A. H., Balich, R., Nolte, M., Perkins, D., Sasse, G., & Zakaria, N. S. (2014). An integrative model of recovery: A qualitative study of perceptions six counseling doctoral students. *Research in Psychology and Behavioral Sciences*, 2, 17-23.

Warren, J., Ahls, C., **Asfaw, A. H.**, Nunez, J., Weatherford, J., & Zakaria, N. S. (2014). Ethics issues and training needs of mental health practitioners in a rural setting. *Journal of Social Work Values and Ethics*, 2, 61-75.

INVITED NON-REFEREED CREATIVE ACTIVITIES PUBLISHED

Warren, J. **Asfaw, A. H.**, Trujillo, N., & Stoffers, L. (2015). *Who I am and can be: The magic mirror*. American Counseling Association for Creativity in Counseling (ACA-ACC) Creative Interventions and Activities Clearinghouse. Retrieved from <http://www.counseling.org/knowledge-center/clearinghouses/activities-clearinghouse>

REFEREED ARTICLES SUBMITTED FOR REVIEW

Asfaw, A. H., Morris-Howe, L. B, Warren, J., & McKim, C. (2017). Use of Wordle in addictions education. Manuscript submitted for publication *Journal of Creativity in Mental Health*.

Asfaw, A. H., Warren, J., & Zakaria, N. S. (2017). Challenges in couples work: Use of ethical decision making. Manuscript submitted to *The Family Journal: Counseling and Therapy for Couples and Families*.

Asfaw, A.H., & Warren, J. (2017). Alcohol Use Disorder Recovery in Ethiopia. Manuscript submitted for review in *Journal of Addictions & Offender Counseling*.

WORK IN PROGRESS

Kamberelis, G., Warren, J., **Asfaw, A. H.**, & Welker, A. (2016). *Almost everything you wanted to know about thriving in a doctoral program but were afraid to ask*.

Brown, S., Arnold Branson, R. D., & **Asfaw, A. H.** (2016). Recovering our dropouts: An examination of factors influencing school dropout and re-entry among African American and Hispanic males.

CONFERENCE PRESENTATIONS

State/Regional/Local Refereed Presentations

Warren, J., **Asfaw, A. H.**, & Teman, E. (2017, October). *Working effectively as a counseling professional in rural settings with LBGTTQQA+ persons*. Educational Session. Association for Counselor Educators and Supervision (ACES) 2017 Conference, Chicago, Illinois.

Asfaw, A.H., Warren, J., & Morris-Howe L.B. (2017, March). *Sustaining long-term recovery*. Poster IAAOC Carousel Session, American Counseling Association (ACA) Conference, San Francisco, California.

Warren, J., **Asfaw, A. H.**, & Morris-Howe, L. B. (2017, March). *Promoting word awareness in addictions education*. Poster IAAOC Carousel Session, American Counseling Association (ACA) Conference, San Francisco, California.

Asfaw, A. H. (2016, October). *Addictions recovery in Ethiopia*. Poster Session. Southern Association for Counselor Educators and Supervision (SACES) 2016 Conference, New Orleans.

Asfaw, A. H. (2016, February). *Motivational interviewing skills for school counselors*. National School Counseling Week, 2016 in-service training, Clarksville, TN.

Faimon, K., & **Asfaw, A. H.** (2015, October). *Mirror, mirror on the wall, Am I even good enough at all*. Educational Session. Association for Counselor Educators and Supervision (ACES) 2015 Conference, Philadelphia, Pennsylvania.

- Warren, J., **Asfaw, A.**, Meggitt, D., Sasse, G., & Vance, K. (2015, October). *What and how counselor education can impact attitudes toward addictions*. Educational Session. Association for Counselor Educators and Supervision (ACES) 2015 Conference, Philadelphia, Pennsylvania.
- Warren, J., **Asfaw, A.**, McKim, C., Stoffers, L., & Trujillo, N. (October, 2014). How to understand and validate the self: Using mirror to reflect the self across gender, ethnic identity, and generation. Poster Session. Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference, Jackson, Wyoming.
- Warren, J., Ahls, C., **Asfaw, A.**, Nunez, J., Weatherford, J., & Zakaria, N.S. (October, 2014). Learning from the past to enhance the future: Ethics issues and training needs of rural counseling practitioners. Educational Session. Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference, Jackson, Wyoming.
- Asfaw, A.**, Maddox, R. P., Austin, J. T., Thapa, S., & Heuer, A.B. (April, 2014). Discrimination and stereotypes against people with mental illness: A cross-cultural perspective. University of Wyoming Shepard Symposium, Laramie, WY.
- Asfaw, A.**, & Maddox, P. (March, 2014). The role of consistency in professional identity development as reflected in student e-portfolios through four philosophy statements. Professional Studies Research Symposium, University of Wyoming, Laramie, Wyoming.
- Warren, J., **Asfaw, A.**, McKim, C., Stoffers, L., & Trujillo, N. (March, 2014). Using the mirror and story as metaphors to understand and reflect the self across gender, ethnic identity, and generation. Professional Studies Research Symposium, University of Wyoming, Laramie, Wyoming.
- Asfaw, A.** (November, 2013). *Balanced wellness: A goal in substance abuse treatment*. Poster presentation. Association for Medical Education and Research in Substance Abuse, Bethesda, Maryland.
- Asfaw, A.** (November, 2013). *Ethical challenges and resolution models in HIV/AIDS Voluntary Counseling and Testing in Addis Ababa, Ethiopia*. Willits 2013 Ethics Presentation. University of Wyoming; Laramie, Wyoming.
- Maddox, P., Ahls, C., & **Asfaw, A.** (November, 2013). *Student led advocacy: Decreasing mental health stigmas on college campuses*. Workshop presented at the Good Mule Project at the University of Wyoming; Laramie, Wyoming.
- Warren, J., **Asfaw, A.**, Balich, R., Nolte, M., Perkins, D., Sasse, G., & Zakaria, N. S. (October, 2013). An integrative model of recovery: A qualitative study of perceptions six counseling graduate students. Association of Counselor Educators and Supervisors (ACES) 2013 Conference, Denver, Colorado.
- Tsega, T. W., Nees, N. A., **Asfaw, A.**, & Zakaria, N. S. (October, 2012). How Counseling Departments can Facilitate Integrated Connections with International Students. Rocky Mountain Association for Counselor Education and Supervision (RMACES) Conference, Park City, Utah.
- Carnes-Holt, K., Steiner, K., Maddox, R. P., & **Asfaw, A.** (October, 2012) Integrating expressive arts within the discrimination model of supervision. Rocky Mountain Association for Counselor Education and Supervision (RMACES) Conference, Park City, Utah.

TEACHING EXPERIENCE

- Fall 2017 **Addictions Counseling**, Graduate level course,
Austin Peay State University.
- Fall 2017 **Advanced Abnormal Psychology**, Graduate level course,
Austin Peay State University.
- Fall 2017 **Counseling Theories**, Graduate level course,
Austin Peay State University
- Spring 2017 **Theories and Practice in Clinical Supervision**,
Graduate level course, Austin Peay State University.
- Spring 2017 **Advanced Counseling Techniques**, Graduate level course,
Austin Peay State University.
- Spring 2017 **Practicum in Mental Health Counseling**, Graduate level course,
Austin Peay State University.
- Fall 2016 **Addictions Counseling**, Graduate level course,
Austin Peay State University.
- Fall 2016 **Advanced Counseling Techniques**, Graduate level course,
Austin Peay State University.
- Fall 2016 **Counseling Theories**, Graduate level course,
Austin Peay State University.
- Summer 2016 **Theories and Counseling in Career Development**, Graduate level
course, Austin Peay State University.
- Summer 2016 **Internship in Mental Health Counseling**, Graduate level
course, Austin Peay State University.
- Spring 2016 **Theories and Practice in Clinical Supervision**,
Graduate level course, Austin Peay State University.
- Spring 2015 **Advanced Counseling Techniques**, Graduate level course,
Austin Peay State University.
- Spring 2015 **Advanced Abnormal Psychology**, Graduate level course,
Austin Peay State University.
- Fall 2015 **Addictions Counseling**, Graduate level course,
Austin Peay State University.
- Fall 2015 **Advanced Counseling Techniques**, Graduate level course,
Austin Peay State University.
- Fall 2015 **Counseling Theories**, Graduate level course,
Austin Peay State University.
- Fall 2014 **Pre-Practicum**, Graduate level course,
University of Wyoming
Co-instructor with Michael Morgan (Ph.D.) & Kara
Holt (Ph.D.).

- Summer 2014 **Introduction to Educational Research**, Graduate level course,
University of Wyoming
Co-instructor with Jennifer Weatherford.
- Spring, 2014 **Addictions Counseling**, Graduate level course,
University of Wyoming
Co-instructor with Jane Warren (Ph.D.).
- Summer 2013 **Counseling Theories**, Graduate level course,
University of Wyoming
Co-instructor with Michael Morgan (Ph.D.).
- 2010-2011 **Counseling Practicum**, (Graduating class students)
Institute of Behavioral studies, Addis Ababa University
Coordinator.
- 2010-2011 **Family Counseling, Rehabilitation Counseling, &
Career Counseling.**
Institute of Behavioral studies, Addis Ababa University
- 2009-2010 **Techniques in Counseling Psychology and Introduction to
Guidance & Counseling Psychology.**
Institute of Behavioral studies, Addis Ababa University.
- 2008-2009 **Abnormal Psychology, Introduction to Guidance and
Counseling, & Counseling Special Population.**
Institute of Behavioral studies, Addis Ababa University.
- 2006-2008 **Introduction to Guidance and Counseling, Career Counseling,
Rehabilitation Counseling, Family Counseling, & Techniques
in Counseling Psychology.**
Institute of Behavioral studies, Addis Ababa University
- 2006-2010 **Introduction to Psychology & Social Psychology** Department of
Psychology & Philosophy, Unity University.

PROFESSIONAL EXPERIENCE

- August, 2015 - Present. **Assistant Professor**,
Department of Psychological Science and Counseling.
Austin Peay State University, Clarksville, TN.
- Teaching graduate counseling courses
 - Serving on different committees
 - Developing and directing research
 - Writing and publishing activities
 - Supervising graduate students' clinical work
 - Providing service to the university, the community, and the state of Tennessee.
- August 2016. **Chair, Faculty Search Committee.** Department of Psychological
Science and Counseling, Austin Peay State University.
- July 2012 – May 2015 **Alcohol and Drug Educator**,
Alcohol, Wellness, Alternative, Research & Education
(AWARE) Program, University of Wyoming, Laramie,
Wyoming.

- Conduct 1-on-1 substance use assessments with students referred to AWARE for alcohol or other drug use violations
- Provide individualized and group education about alcohol and marijuana to UW students utilizing research-based principles
- Participate in collaborative relationships with referral sources including Residence Life & Dining Services, Dean of Students Office, Athletics, local courts
- Participate in and provide administrative support for campus-community coalition called A-Team to address alcohol issues on campus and in the community
- Assist with program development and program evaluation
- Participate in AWARE team training program which includes training seminars, case conferences, and other trainings
- Assist with AWARE research project: collect, compile, analyze data to be used for program evaluation and scholarly purposes
- Provide outreach and presentations about substance use to student organizations and academic classes

2011 - 2012 Undergraduate Program Coordinator,
Institute of Psychology, Addis Ababa University,
Addis Ababa, Ethiopia.

- Assigned course instructors for undergraduate students
- Supervised the teaching-learning process
- Handled students' questions and complaints
- Prepared class and exam schedules
- Administered teaching evaluations
- Presented monthly report to the Institute Academic Commission

2010 - 2011 Child Counselor,
American World Adoption Association,
Addis Ababa, Ethiopia.

- Helped children with different developmental and psychological problems through play therapy
- Supervised the teaching-learning process, tailored the transitional home curriculum to fit the unique needs of children with special needs and learning disability
- Offered several ongoing trainings on child development and behavioral modification techniques
- Coordinated social, educational, and psychological services given for children at the transitional home
- Conducted a thorough assessment and offered help for children with histories of sexual, emotional, and physical abuse
- Conducted a post-adoption adjustment follow-up

2006 - 2011 Counselor,
College of Commerce, Addis Ababa University, Ethiopia.

- Provided short-term individual and group counseling to students with different concerns such as; stress, study skills, relationships, conflict resolution, alcohol and drug abuse, college adjustment issues, sexuality, and suicidal thoughts.
- Launched psycho-educational workshops to students on exam phobia, sociability, relationship, assertiveness, and stress management
- Assisted students with major selection and career decision making
- Provided developmental, remedial, and preventive mental health services to students.

2006-2008 Volunteer Counselor,
Ethiopian Psychologists' Association (EPA),
Addis Ababa, Ethiopia.

- Participated in the designing and implementation of different projects.
- Practiced crisis interventions to people of Dire Dawa who were once victims of flood and displacement

SUPERVISION EXPERIENCE

- Spring 2017** Supervised Individual and Group Peer Supervision. Graduate level supervision, 13 students. Counseling Skills Lab, Austin Peay State University, Clarksville, TN.
- Fall 2016** Conduct Individual Supervision. Graduate level supervision, 8 students. Counseling Skills Lab, Austin Peay State University, Clarksville, TN.
- Summer 2016** Conducted Individual Career Counseling Supervision. Graduate level supervision, 10 students. Counseling Skills Lab, Austin Peay State University, Clarksville, TN.
- Spring 2016** Supervised Individual and Group Peer Supervision. Graduate level supervision, 13 students. Counseling Skills Lab, Austin Peay State University, Clarksville, TN.
- Fall 2015** Conducted Individual Supervision. Graduate level supervision, 9 students. Counseling Skills Lab, Austin Peay State University, Clarksville, TN.
- Spring 2014** Conducted Individual, Triadic, and Block Supervision, Graduate level supervision, 8 students. Counselor Education Training Clinic (CETC), University of Wyoming, Laramie, WY.
- Fall 2013** Conducted Individual, Triadic, and Block Supervision, Graduate level supervision, 8 students. Counselor Education Training Clinic (CETC), University of Wyoming, Laramie, Wyoming. Provided consultation and supervision to eight master level students following observation of live and recorded sessions.
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SERVICE

- 2017 / 2018** Co-Chairperson, SACES International Counseling Interest Network.
- 2017/ 2018** Review Editor, Editorial Board of Special Educational Needs
- 2017/ 2018** Reviewer, International Journal of Mental Health and Addiction
- 2017/ 2018** CACREP Self-study Committee, Austin Peay State University, Clarksville, TN.
- 2017/ 2018** CMHC Practicum and Internship Placement Coordinator
- 2017/ 2018** IRB Committee Member, APSU
- 2017/ 2018** Mental Health and Wellness Committee, Faculty Representative
- 2016- Present** Assistant Advisor for Active Minds Chapter at APSU.
- Spring 2017** Social Work Chair Search Committee, APSU.
- Spring 2017** Conducted a two-hour training on Motivational Interviewing Skills for staff of the University Counseling Center, APSU.
- 2016 / 2017** Co-Chairperson, SACES International Counseling Interest Network
- Fall 2016** Counseling Faculty Search Committee, Department of Psychological Science and Counseling, APSU.
- Fall 2016** Manuscript Editor, SAGE Open Publications.
- Fall 2016** SACES 2016 Proposal Review Committee. Reviewed 20 program proposals submitted for SACES 2016 Conference.
- Fall 2016** SACES 2016 Research Grants and Awards Reviewer. Reviewed 5 research grant proposals.
- 2016** WACES 2016 Proposal Review Committee. Reviewed 11 program proposals submitted for WACES 2016 Conference.
- 2016** Member, Health Service Advisory Committee, Clarksville Montgomery County Community Action Agency Head Start Program.
- 2016** Volunteer, Global Gov Meet-a-Family Program, International Education, Austin Peay State University.
- 2016** Manuscript Reviewer, SAGE Open Publications.

- 2016** Guest Lecturer on Race and Ethnicity, Department of Educational Studies, Leadership, and Counseling, Murry State University.
- 2016** Conducted a training on Motivational Interviewing Skills (MI) at the National School Counseling Week, APSU.
- 2016** Represented the Department of Psychological Science and Counseling at the Graduation Gala on February 29, 2016.
- 2015 / 2016** School Counseling Faculty Search Committee, Austin Peay State University, Clarksville, TN.
- 2015** Retention, Tenure & Promotion (RTP) Revision Committee, Austin Peay State University, Clarksville, TN.
- 2015 / 2016** CACREP Self-study Committee, Austin Peay State University, Clarksville, TN.
- 2014** Volunteer, Rocky Mountain Association for Counselor Education and Supervision (RMACES) 2014 Regional Conference, Jackson, Wyoming.
- 2014** Board Member, Child and Family Research Center, Addis Ababa, Ethiopia.
- 2014** Student Representative, Counselor Education Program Faculty Search Committee, University of Wyoming, Laramie, WY.
- 2013** Volunteer, Association for Counselor Education and Supervision (ACES) 2013 National Conference, Denver, Colorado.
- 2013** Secretary and Founding Member, National Alliance on Mental Illness (NAMI) on Campus at University of Wyoming, Laramie, WY.
- 2013** Volunteer Camp Counselor, African- Caribbean Adoption Heritage Camp, Denver, Colorado.
- 2013** Leadership Committee, A-Team Campus-Community Coalition Meeting, AWARE Program, UW.
- 2013** Active Member, University of Wyoming Lifesavers Coalition

- 2012** Fundraising Committee Chairperson,
Wyoming African Students Association (WASA), Laramie, WY.
- 2009** Founding Member, Ethiopian Professional Counselors
Association (EPCA), Addis Ababa, Ethiopia.
- 2006** Active Member and Volunteer, Ethiopian Psychologists'
Association (EPA), Addis Ababa, Ethiopia.
-