

APSU
M.S. in Counseling Program
Clinical Mental Health Counseling Program Competency Rubric

Knowledge Learning Outcome Assessed	Demonstration Level 4	Demonstration Level 3	Demonstration Level 2	Demonstration Level 1
KLOA1: Helping Relationships <i>Students will demonstrate knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self-understanding; and the change process (CACREP 2.F.5)</i>	Student demonstrates comprehensive knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self-understanding; and the change process.	Student demonstrates adequate knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self-understanding; and the change process.	Student demonstrates limited knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self-understanding; and the change process.	Student is unable to demonstrate knowledge and skills of the helping process; counseling theories and techniques; prevention, education, consultation, and wellness models; counselor self-understanding; and the change process.
KLOA2: Professional Orientation & Ethical Practice <i>Students will demonstrate knowledge of and skills related to ethical professional counseling practice (CACREP 2.F.1)</i>	Student demonstrates superior knowledge of and skills related to ethical professional counseling practice.	Student demonstrates adequate knowledge of and skills related to ethical professional counseling practice.	Student demonstrates limited knowledge of and skills related to ethical professional counseling practice.	Student is unable to demonstrate knowledge of and skills related to ethical professional counseling practice.
KLOA3: Social & Cultural Diversity <i>Students will demonstrate knowledge of the role cultural context plays in professional counseling and applying culturally</i>	Student demonstrates a detailed knowledge of the role cultural context plays in the practice of professional counseling and applies culturally relevant skills for working with diverse	Student demonstrated adequate knowledge of the role cultural context plays in the practice of professional counseling and applies culturally relevant skills for working with diverse	Student demonstrates limited knowledge of the role cultural context plays in the practice of professional counseling and can occasionally apply culturally relevant	Student is unable to demonstrate knowledge of the role cultural context plays in the practice of professional counseling and/or does not apply culturally relevant skills for

<i>relevant skills for working with diverse populations (CACREP 2.F.2)</i>	populations in a sophisticated manner.	populations in a consistent manner.	skills for working with diverse populations.	working with diverse populations.
KLOA4: Human Growth & Development <i>Students will demonstrate knowledge and application of human growth and development; as well as related contextual dimensions, to the practice of professional counseling (CACREP 2.F.3)</i>	Student demonstrates a sophisticated knowledge and application of human growth and development, as well as a strong understanding of contextual dimensions related to the practice of professional counseling.	Student demonstrates an adequate knowledge and application of human growth and development, as well as an adequate understanding of contextual dimensions related to the practice of professional counseling.	Student demonstrates a limited knowledge and application of human growth and development, as well as an inadequate understanding of contextual dimensions related to the practice of professional counseling.	Student is unable to demonstrate knowledge and application of human growth and development, as well as contextual dimensions related to the practice of professional counseling.
KLOA5: Career Development <i>Students will demonstrate knowledge and application of career development to the practice of professional counseling (CACREP 2.F.4)</i>	Student demonstrates a sophisticated and thorough knowledge and application of career development to the practice of professional counseling.	Student is able to demonstrate adequate knowledge and application of career development to the practice of professional counseling.	Student has limited ability to demonstrate knowledge and application of career development to the practice of professional counseling.	Student is unable to demonstrate knowledge and application of career development to the practice of professional counseling.
KLOA6: Research & Program Evaluation <i>Students will critically evaluate and utilize research, evidence-based practices, and/or program evaluation (CACREP 2.F.8)</i>	Student can comprehensively and critically evaluate and utilize research, evidence-based practices, and/or program evaluation.	Student demonstrates adequate ability to critically evaluate and utilize research, evidence-based practices, and/or program evaluation.	Student demonstrates limited ability to critically evaluate and utilize research, evidence-based practices, and/or program evaluation.	Student unable to critically evaluate and utilize research, evidence-based practices, and/or program evaluation.
KLOA7: Assessment & Testing	Student demonstrates consistently superior knowledge and	Student demonstrates an adequate knowledge and application of	Student demonstrates limited knowledge and application of culturally	Student is unable to demonstrate knowledge and application of

<i>Students will demonstrate knowledge and application of culturally and developmentally appropriate assessment and evaluation practices (CACREP 2.F.4)</i>	application of culturally and developmentally appropriate clinical assessment and evaluation practices.	culturally and developmentally appropriate clinical assessment and evaluation practices.	and developmentally appropriate clinical assessment and evaluation practices.	culturally and developmentally appropriate clinical assessment and evaluation practices.
KLOA8: Group Work <i>Students will demonstrate knowledge and skills of group development, dynamics, theories, and techniques (CACREP 2.F.6)</i>	Student demonstrates sophisticated and perceptive knowledge and skills of group development, dynamics, theories, and techniques.	Student demonstrates adequate knowledge and skills of group development, dynamics, theories, and techniques.	Student demonstrates limited knowledge and skills of group development, dynamics, theories, and techniques.	Student is unable to demonstrate knowledge and skills of group development, dynamics, theories, and techniques.
KLOA9 (CMHC): Foundations of Clinical Mental Health Counseling <i>Students will demonstrate the knowledge and application of theories and models related to clinical mental health counseling; roles and settings of clinical mental health counselors; mental health service delivery modalities; professional organizations, preparation standards, and credentials relevant</i>	Student demonstrates a comprehensive and sophisticated knowledge and application of theories and models; roles and settings; service delivery modalities of the clinical mental health counseling profession; including a comprehensive knowledge of professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling.	Student demonstrates an adequate knowledge and application of theories and models; roles and settings; service delivery modalities of the clinical mental health counseling profession; including knowledge of professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling.	Student demonstrates a limited knowledge and application of theories and models; roles and settings; service delivery modalities of the clinical mental health counseling profession; including knowledge of professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling.	Student is unable to demonstrate knowledge and application of theories and models; roles and settings; service delivery modalities of the clinical mental health counseling profession; including knowledge of professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling.

<p><i>to the practice of clinical mental health counseling (CACREP 5.C)</i></p>				
<p>KLOA10 (CMHC): Addictions Counseling <i>Students will demonstrate the knowledge and skills necessary to address a wide range of issues in the context of addiction counseling, treatment, and prevention programs; neurobiological and medical foundation and etiology of addiction.</i> (CACREP 5.A; CACRES 5.C))</p>	<p>Student demonstrates superior knowledge and skills necessary to address a wide range of issues in the context of addictions counseling, treatment, and prevention programs; as well as a sophisticated understand of the neurobiological and medical foundation and etiology of addiction.</p>	<p>Student demonstrates adequate knowledge and skills necessary to address a wide range of issues in the context of addictions counseling, treatment, and prevention programs; as well as an adequate understand of the neurobiological and medical foundation and etiology of addiction.</p>	<p>Student demonstrates limited knowledge and skills necessary to address a wide range of issues in the context of addictions counseling, treatment, and prevention programs; neurobiological and medical foundation and etiology of addiction.</p>	<p>Student is unable to demonstrate knowledge and skills necessary to address a wide range of issues in the context of addictions counseling, treatment, and prevention programs; neurobiological and medical foundation and etiology of addiction.</p>
<p>KLOA11 (CMHC): Diagnosis & Psychopathology <i>Students will demonstrate knowledge and application of culturally, situationally, and developmentally appropriate diagnosis practices; including the etiology, nomenclature, and treatment, of emotional and mental disorders</i> (CACREP 2.F.8; CACREP 5.C)</p>	<p>Student demonstrates a thoughtful and sophisticated knowledge and application of culturally, situationally, and developmentally appropriate diagnosis practice; including the etiology, nomenclature, and treatment of emotional and mental disorders.</p>	<p>Student demonstrates an adequate knowledge and application of culturally, situationally, and developmentally appropriate diagnosis practice; including the etiology, nomenclature, and treatment of emotional and mental disorders.</p>	<p>Student demonstrates a limited knowledge and application of culturally, situationally, and developmentally appropriate diagnosis practice; including the etiology, nomenclature, and treatment of emotional and mental disorders.</p>	<p>Student is unable to demonstrate knowledge and application of culturally, situationally, and developmentally appropriate diagnosis practice; including the etiology, nomenclature, and treatment of emotional and mental disorders.</p>

<p>KLOA12 (CMHC): Clinical Supervision <i>Students will demonstrate knowledge and skills of professional supervision in a multicultural society, including best practices related to theories and practices of counselor supervision, purposes of clinical supervision, roles and relationships related to clinical supervision, and a personal style of supervision. (CACREP 1.B; CACREP 1.M; CACREP 5.C)</i></p>	<p>Student demonstrates superior knowledge and skills of professional supervision in a multicultural society, including best practices related to theories and practices of counselor supervision, purposes of clinical supervision, roles and relationships related to clinical supervision, and a personal style of supervision.</p>	<p>Student demonstrates adequate knowledge and skills of professional supervision in a multicultural society, including best practices related to theories and practices of counselor supervision, purposes of clinical supervision, roles and relationships related to clinical supervision, and a personal style of supervision.</p>	<p>Student demonstrates limited knowledge and skills of professional supervision in a multicultural society, including best practices related to theories and practices of counselor supervision, purposes of clinical supervision, roles and relationships related to clinical supervision, and a personal style of supervision.</p>	<p>Student is unable to demonstrate knowledge and skills of professional supervision in a multicultural society, including best practices related to theories and practices of counselor supervision, purposes of clinical supervision, roles and relationships related to clinical supervision, and a personal style of supervision.</p>
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